



Resident & Family Newsletter
March 2020



Idlewyld Manor

Letter from the Editor

Volume 20 Issue 3

Inside this issue:

We have started renovating our Celebration Room and Lobby as of FEBRUARY 27th until MARCH 15th (Approx.) Please note that we will be unable to use our Celebration Room and parts of the lobby during the renovation. Please be patient as we use our Resident Home Areas and other shared spaces for our larger, home-wide programs. We appreciate your cooperation and patience while we continuously work on improving our home.

Our home is partnering with Room 217 Foundation for the Music Care Partners Program. This is a program/research initiative that explores how music can be integrated more fully into care to reduce the social isolation of residents in LTC homes. The partnership between Idlewyld Manor and the Room 217 Foundation will be mutually beneficial. Idlewyld Manor will gain expertise on the use of music in care, and consultancy/support during the implementation and evaluation of a music care initiative. The Room 217 Foundation will gather quantitative and qualitative data to determine the effectiveness of the Partners Program at decreasing isolation and loneliness experienced by LTC residents. We will be focusing on specific residents and will connect with residents and POA of care to discuss participation in this program. The Recreation Team will be participating in a 2 education day on March 2 and 3 in the Celebration Room. To accommodate these training days there will not be any programs on Tuesday.

In reviewing our Palliative Care Program at Idlewyld Manor we have updated our care directives and have changed the format. We are no longer using the number systems. The new form is more family friendly and easier to understand. We hope your decision making for your loved one's care here at Idlewyld Manor will be a more holistic experience.

Daylight Saving Time begins on Sunday March 8th, 2020. Remember to set your clock 1 hour ahead when you go to bed on Saturday March 7th, 2020.

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Family Council
Tuesday, March 10,
2020
@ 7:00pm

In the Mohawk Education Room 2nd Floor
All Family Members are welcome to attend.
For more information
Please contact:
Cindy Allen
Home 905-318-6246
or Cell (905) 512-3627
for more information.



March 2020 Special Events



- Wednesday, March 4** Painting Class
1:45pm on the Ground Floor
(Sign-up required. Speak to your recreationist)
- Friday, March 6** Shiny Jewelry Vendor
11:00am-3:00pm in the Lobby
- Saturday, March 7** Music with Martin Wall
1:30pm OW/OV on OV
2:15pm CS/SV on CS
3:00pm RG/GS on RG
- Monday, March 16** Painting Class
10:00am on the Ground Floor
(Sign-up required. Speak to your recreationist)
- Tuesday, March 17** St. Patrick's Day Social with Mountain Road Band
2:00pm in the Celebration Room
- Wednesday, March 18** Birthday Breakfast
8:30am in the Celebration Room
For Residents with Birthdays in March
- Friday, March 20** Food Council Meeting
10:00am in the Family Dining Room



Hospital Transfers:

When your loved one is sent out to hospital from Idlewyld Manor by ambulance, there is no charge to the resident/POA as the transfer is between a Long Term Care Facility to Hospital for treatment and assessment on an emergent basis. ***On discharge from hospital**, an ambulance is not used, rather a Transport Service (OPT, R&R), as it is not on an emergency basis and therefore, is at cost to the resident/POA.

Idlewyld Manor and the Room 217 Foundation for the Music Care Partners Program

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Purpose: Through this partnership, music will be intentionally implemented at Idlewyld Manor to have positive impacts on LTC residents. Specifically, this project will:

- Reduce isolation and loneliness of marginalized residents;
- Increase engagement of all care partners with residents;
- Increase musical opportunities for connection and engagement for marginalized residents;
- Increase caregiver confidence using music 1:1 or in groups.

What is Music Care Partners?

MUSIC CARE PARTNERS is a program designed to reduce social isolation and loneliness of residents in LTC homes through an approach called music care. This approach allows the therapeutic principles of sound and musical effect to inform caring practices and create opportunities for engagement of all care partners in care settings.

Getting Ready for the Program

At this time this program will be lead by the Recreation Team

Training days March 2 and 3

Team to select the Focus Group of 5-30 residents (**THE RESEARCH IS ON ISOLATION AND LONELINESS**)

Our Focus Group is residents who are isolated due to cognitive decline.

Selecting residents to participate:

- We are using our documentation data base to select residents to participate in the group. We will be looking at our database to get residents Cognitive Performance Scale. The Cognitive Performance Scale describes the cognitive status of a resident. Higher Scores indicate more severe cognitive impairment.
- Residents who meet the criteria will need to sign a consent form as well as their POA of care to consent to participating in the focus group.
- The Recreation Team with collaboration/support from Room 217 Foundation will run either a large/small group program or 1:1 program throughout the month of March utilizing the Music Care Partners Program technique

If you have any questions about this exciting opportunity please speak to Glynis

Symptom- Free Pee: LET IT BE

A national initiative to stop inappropriate antibiotic use for asymptomatic bacteriuria in long-term care residents.

Dear Resident or Family member of _____,

Unnecessary urine cultures lead to inappropriate antibiotic use, resulting in harm to residents of long term care facilities. Harm can be direct – such as causing allergic reactions, gastrointestinal side effects, drug interactions, and *C. difficile* diarrhea – or indirect – such as causing antibiotic resistance in residents and their neighbours. Urinary tract infections are difficult to diagnose in seniors. Most seniors have bacteria in their bladder and do not have an infection.

Dehydration alone will often result in:

1. Foul-smelling, dark, or cloudy urine; and / or
2. Changes in mental status, behaviour, or function.

➔ Plan of action

In the next 24 hours, we will (check all that apply):

- Monitor for typical signs of urinary tract infection.
- Encourage or assist in increasing fluid intake.
- Encourage or assist in increasing mobility.
- Rule out other causes.

➔ More than half of all residents will improve with this plan.

Remember, there are many causes of confusion including: medication side effects, low blood sugar, sleep disturbances, constipation, troubled-breathing, pain, depression, or infection.

➔ Thank you for supporting your health care team in using antibiotics wisely.

For more directions and guidance:
www.ammi.ca
#SymptomFreeLetItBe





March 2020 Special Events



Friday, March 20

Music with Ken Lightheart

6:30pm in the Celebration Room

Monday, March 23

To Friday, March 27

Cruise Week! All week we will be running programs that allow you to “travel” to a different country! We will be finishing it off with a Caribbean Cruise special event.

Check your calendar for your programs!

Wednesday, March 25

Painting Class

10:00am in the Celebration Room

(Sign-up required. Speak to your recreationist)

Thursday, March 26

Resident Council Meeting

3:15pm in the Celebration Room

Friday, March 27

Caribbean Cruise Event with Kenn Lewis

2:00pm in the Celebration Room

Monday, March 29

Resident Family Movie Night

6:00pm in the Celebration Room

In



Memory Of

Roy Gillespie

Annie Kachmar

Anna McKnight

Muriel Melanson

Trudy Van Schyndel

Residents' Bill of Rights

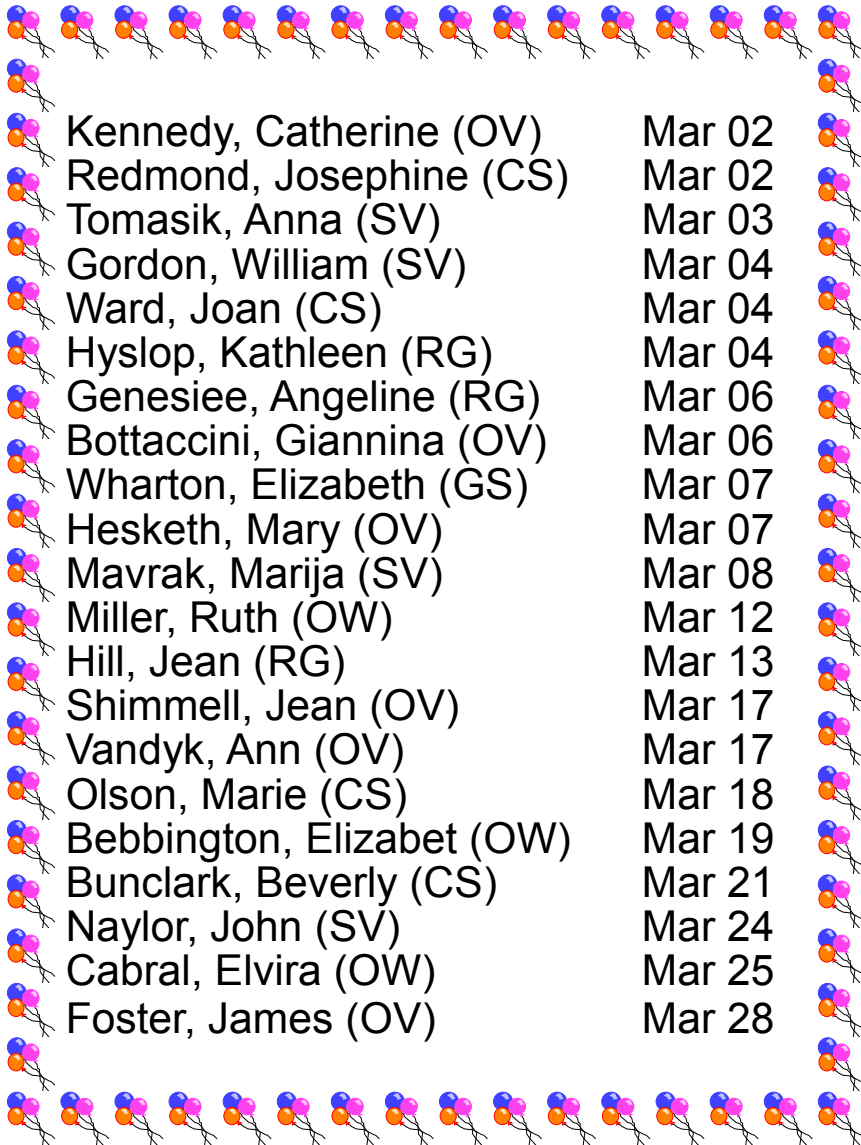
Residents' Bill of Rights

3 (1) Every licensee of a long-term care home shall ensure that the following rights of residents are fully respected and promoted:

- 3. Every resident has the right not to be neglected by the licensee or staff.
- 4. Every resident has the right to be properly sheltered, fed, clothed, groomed and cared for in a manner consistent with his or her needs.

March Birthdays

Happy Birthday



Kennedy, Catherine (OV)	Mar 02
Redmond, Josephine (CS)	Mar 02
Tomasik, Anna (SV)	Mar 03
Gordon, William (SV)	Mar 04
Ward, Joan (CS)	Mar 04
Hyslop, Kathleen (RG)	Mar 04
Genesiee, Angeline (RG)	Mar 06
Bottaccini, Giannina (OV)	Mar 06
Wharton, Elizabeth (GS)	Mar 07
Hesketh, Mary (OV)	Mar 07
Mavrak, Marija (SV)	Mar 08
Miller, Ruth (OW)	Mar 12
Hill, Jean (RG)	Mar 13
Shimmell, Jean (OV)	Mar 17
Vandyk, Ann (OV)	Mar 17
Olson, Marie (CS)	Mar 18
Bebbington, Elizabet (OW)	Mar 19
Bunclark, Beverly (CS)	Mar 21
Naylor, John (SV)	Mar 24
Cabral, Elvira (OW)	Mar 25
Foster, James (OV)	Mar 28

Welcome Residents

Margaret Bland
Helen Kneisz
Elizabeth Nunes
Vita Pirrone
Norman Smith
Ethel Wilson

Step Ahead Foot Care Clinics

Step Ahead Foot Care Clinic will be here the week of:
March 2nd All Home Areas
April 13th All Home Areas
May 25th All Home Areas
Residents who are authorized to receive Advanced Foot Care & Chiropody will receive the service.

Contact the business office to be added or removed from the list.

Resident's Council

The Resident Council did not meet in February, 2020.

We will have 2 meetings in March.

Thursday, March 5th at 3:15pm in the Family Dining Room Ground Floor and
Thursday, March 12th, 2020 at 3:15pm in the Family Dining Room Ground Floor.

The
Idlewyld
Manor
Foundation

