

Idlewyld Manor

Resident & Family Newsletter

September 2019



Letter from the Editor

In July, Family Council held a fundraiser in collaboration with Value Village. The total raised was \$411.60 from Value Village and \$150.00 cash donations. Family Council would like to thank residents, families, staff and Family Council members for their generosity and help.

For your loved ones safety: We are now using the following signage to alert families, residents, volunteers and staff to not disturb the RPN during medication administration. Unless there is an emergency, the RPN is not to be disturbed during medication pass. We thank you for your understanding and support to ensure residents are given the correct medication.

Family Council will be hosting the Alzheimer Society Coffee Break on September 12th in the lobby from 9:30am-3:30pm. All monies raised will go to the Alzheimer Society.

We are having our annual classic car show and BBQ on Saturday, September 28 at 10:30am-2:00pm. We are still looking for classic car owners. Please speak to Glynis if you can bring a car in for the event.

Family Council and Shari Lee, Director of Development have been working together to raise funds for a new garden between the Creek Side and Spruce View dining room. With assistance from Jim Cimba, the new garden will be constructed soon. We thank all of those involved to make this possible.

As the gardens continue to be enjoyed by everyone, we ask families to ensure you are only letting your loved one and yourself in and out of the gardens.

Lastly, Herman will be stepping into the full-time maintenance line and we welcome Jonathan to the part-time maintenance position.

Have a great month ~ Idlewyld Manor Leadership Team

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Family Council

Tuesday, September
10th, 2019
7:00pm in the
Celebration Room on
the First Floor.
All Family Members are
welcome to attend

Please contact:
Cindy Allen
Home 905-318-6246 or
Cell (905) 512-3627
for more information.





September 2019 Special Events



- Wednesday, Sept. 4** BBQ with Reg Denis
(regular diets only, sign up required.
Families must purchase a meal ticket prior to the event)
12:00pm in the Courtyard (CR alternate location)
- Friday, Sept. 6** Beach Volleyball
6:45pm in the Celebration Room
- Monday, Sept. 9** Ice Cream Truck
2:00pm main parking lot
- Thursday, Sept. 12** Family Council Hosting:
Alzheimer Society Coffee Break
9:30am-3:30pm Lobby
- Thursday, Sept.12** Resident Council Meeting
3:15pm in the Celebration Room
- Friday, Sept. 13** Mandarin Dinner
5:30pm in the Celebration Room (Sign up required)
- Saturday, Sept. 14** Music with Martin Wall
Check your calendar for your time & location
- Tuesday Sept. 17** Traditions Alive Sale
10:00am-3:00pm Celebration Room
- Wednesday, Sept. 18** Resident Birthday Party with Ken Lightheart
2:00pm in the Celebration Room





WINTERFEST COMING SOON.....

Our annual Winterfest/Craft sale is approaching quickly. It's scheduled for **November 16th, 9:30am-2:00pm.** We will be seeking donations of **NEW** items for a raffle table as well as baked goods. Tables will also be available soon for interested vendors.



Residents Council

Resident Council met on August 8th. The following items were reviewed:

- 2019 budget review
- Non Abuse of Resident policy
- Ministry report
- Distraction-reduction program
- Classic Car Show Sept 28

All residents are welcome to join us at our next meeting on Thursday, September 12th, 3:15pm in the Celebration Room.

In Memory Of

July 2019

Joyce Attwood
 Christina Baran
 Patricia Ferroni
 Mary Gibbs-Therrien
 Barbara Mather
 Elsie Naylor



Grief Group Summary

From November 2018 till July of this year, Music Therapist Laura Belet facilitated a grief support group for family members of Idlewyld Manor's past and present residents.

Over the course of the 8 months this monthly meeting became a safe place for members to express, share, reminisce, mourn and heal together through the power of music. Members were given an opportunity to engage in therapeutic improvisation, song sharing, listening, mindfulness, and most members even wrote a song about their grief journey.

One group member expressed in an evaluation that, "this was a lovely group where we were able to talk with no one judging where you are in your journey. Most members reported that this group was very helpful for them to express and cope with their feelings of grief and loss.

After a successful first trial of this group, Laura will be running another program starting this fall. If you feel that you could use extra support in coping with feelings of loss, grief or the challenges associated with having a loved one with Dementia/Alzheimer's, please speak with Glynis or Laura about joining the next session.

CLASSIC CAR SHOW and BBQ

Saturday September 28th, 2019

10:30am-2:00pm

DROP IN EVENT

- **\$5.00 BBQ (hamburger or sausage, drink & chips)**
- **BBQ is free for residents**
- **Ice Cream Truck 10:30am-2:00pm additional cost for everyone!**

The monies raised will go to Resident Council to utilize for programs.

We are looking for Classic Car owners to participate in our event





September 2019 Special Events



- Friday, Sept. 20** Story Writing Competition CR
6:45pm in the Celebration Room
- Tuesday, Sept. 24** Oktoberfest with Peter Baumann
2:00pm in the Celebration Room
- Friday, Sept. 27** Food Council Committee Meeting
10:00am Celebration Room
- Friday Sept. 27** Western Happy Hour with Aidan Purnell
2:00pm in the Celebration Room
- Saturday, Sept. 28** Classic Car Show/BBQ/Music/Ice Cream Truck
10:30pm-2:00pm
Front parking lot/lobby/ Celebration Room

KNOW THE FLU FACTS

THE FLU CAN BE A SERIOUS DISEASE.

The flu is very contagious and can spread quickly and easily. Before you even know you are sick, you can pass the flu on to others. The flu can affect anyone, including those who are healthy, but people at higher risk of serious complications are:

- *young children,*
- *adults aged 65 and over,*
- *pregnant women, and*
- *those living with a chronic health condition.*

In Canada, an average of 12,200 hospitalizations and 3,500 deaths related to the flu occur each year*.

YOU NEED TO GET VACCINATED EVERY YEAR.

Flu viruses change each year. Experts create a new vaccine to protect you each flu season.

Resident Birthdays in September



Happy birthday! Happy birthday! Happy birthday! Happy birthday! Happy birthday! Happy birthday! Happy birthday! Happy birthday! Happy birthday! Happy birthday! Happy birthday! Happy birthday! Happy birthday!	Mitchell, Peggy (SV)	Sep 01
	Smith, Kathy (CS)	Sep 02
	Miller, Laurie (RG)	Sep 04
	Donelson, Greta (OV)	Sep 05
	Zimmerman, Janet (OV)	Sep 09
	Sapsford, Nettie (RG)	Sep 10
	Gataiance, Joseph (OV)	Sep 10
	King, Elizabeth (RG)	Sep 12
	McHugh, Lorna (CS)	Sep 13
	Woloshin, Myrlene (SV)	Sep 16
	Burnett, Meryl (OW)	Sep 18
	Bullivant, Betty (OV)	Sep 19
	Devison, Rosie (GS)	Sep 19
	Kadonaga, Nancy (OW)	Sep 19
Lewis, Shirley Anne (GS)	Sep 22	
Beach, Shirley (GS)	Sep 24	
Darrow, Isabel (CS)	Sep 27	

Happy birthday! Happy birthday! Happy birthday! Happy birthday! Happy birthday!

Happy birthday! Happy birthday!



Welcome New Residents

Ida Bota
Margaret Ickas

Step Ahead Foot Care Clinics

Step Ahead Foot Care Clinic will be here the week of:

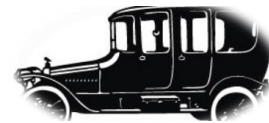
September 16th All Home Areas

October 28th All Home Areas

December 9th All Home Areas

Residents who are authorized to receive Advanced Foot Care & Chiropody will receive the service.

Contact the business office to be added or removed from the list.



Additional Professional & Support Services

Due to the Ministry of Long Term Care and Health and Safety regulations, any external contracted services need to be reported to the Director of Nursing so that proper documentation can be submitted prior to services being provided. This includes 1:1 companions.